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Saskatchewan
Alcoholism
Commission

SASK. LEGISLATIVE
SEP 13 1983
REGINA

The Source Book

For those Interested in learning about materials for Youth Drug Education

Spring 1983

FOR USE IN LIBRARY
ONLY

24

CONTENTS

HELP FOR THE EDUCATOR

Films

Human Resources

Kits, Resource Manuals

Pamphlets

Posters

Reading List

DISTRIBUTORS & ADDRESSES

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TO THE USER:

You will find a variety of resources in this book for alcohol and drug education. Since these resources also include materials for PREVENTION of alcohol and drug abuse, you will find items pertaining to:

* *self-esteem*
* *communication*
* *coping and problem-solving*
* *role-modelling*
* *nurturing parenting*
* *peer support programs*
* *values clarification*
* *alternatives or natural highs*

3rd Edition

HELP FOR THE EDUCATOR

Every community ought to at least have a basic library of resource materials for youth drug education.

To facilitate selection of appropriate resources, the Commission is making The Sourcebook available. You will want to investigate as many of the listed items as possible. However, if you are able to purchase only a minimum number of items per year, you might consider ordering some or all of the following list initially, and then adding to it as your budget allows. Please note that the list is by no means absolute or complete. It is simply meant to be a very limited guide as many other good resources are also available.

1. Kits and Manuals

Title and Distributor:	*Grade Level(s):*	*Price:*	*Topics covered:*
8:30 Monday Morning (1977) American Businessmen's Research Foundation	7 - 12	47.50	This activity-oriented manual contains alcohol information, as well as sections on life-styles, decisions, values, alternatives, self-esteem and prevention. Some visual aids are included.
The Hole in the Fence Health and Welfare Canada Storybook (1975) Teacher's Guide (1982)	K - 5	4.50 Free with class sets	This appealing storybook contains themes of responsible personal and social behavior, self-confidence, interpersonal skills and peer understanding in order to make sensible decisions in both medical and non-medical drug use situations.
Your Health and Alcohol (1980) Ontario Ministry of Health	7 - 8 (V.1) 9 -10 (V.2)	12.50 12.50	Each kit contains a teacher's guidebook, overhead transparency masters plus over 50 sheets of activities covering topics such as: effects of alcohol, peer pressure, decision-making, self-esteem and responsibility.
Teacher's Guide for Here's Looking at You (1978) Comprehensive Health Education Foundation	K -12	30.00	This activity-oriented manual contains learning activities and a resource supplement. There is an integration grid on the back of each activity. Topics covered: Basic alcohol

			information, self-image, coping, and decision-making as related to alcohol behaviors.
CASPAR Alcohol Education Curriculum: Decisions About Drinking (1979) CASPAR Alcohol Education Program	3 - 12	Approx. 110.00 Can.	An action-oriented manual which has two goals: 1.) prepare children to make responsible decisions about alcohol use or non-use 2.) identify and help youngsters who have problems with their own drinking or that of a close relative or friend.
Alcohol Abuse Prevention: A Comprehensive Guide for Youth Organizations Boys' Clubs of America	6 - 12	11.00	This activity-oriented manual indicates how to start an alcohol abuse prevention program, how to get teenagers involved, different program models, ideas for funding, evaluation and public promotion.
AWARE: Activities for Social Development (1977) Addison-Wesley	4 - 8	11.85	An activity-oriented manual for helping children to get acquainted, recognize and understand their feelings, understand and accept individual differences, and to develop social living behaviors.
Miraculous Me: A Book for People Who Care About Kids (1980) Minto or Comprehensive Health Education Foundation	K - 6	8.60	Not only does this manual provide activities for increasing the self-esteem of the child, but it also deals with the self-esteem of the teacher, as well as role-modelling. Activities deal with family history, special interests, talents, feelings, physical appearance and so on.
An Early Start to Good Health (1977) Canadian Cancer Society	1 - 3	22.99	The four modules, "My Body", "My Self", My Health", and "My Choice", each contain student activities, teacher's guide, filmstrip, cassette and a large, full-color poster. The topics encourage positive self regard, good health habits and wise decision-making as preventive mechanisms for cigarette smoking.

2. Books: Students

A. ELEMENTARY:

My Dad Loves Me, My Dad Has a Disease by Claudia Black ACT	K - 4	?	This workbook gives children the opportunity to share their thoughts and feelings and to better understand the disease of alcoholism. The drawings and accompanying captions are by children from alcoholic homes. Narrative is provided by the author.
Sometimes My Mom Drinks Too Much by Kevin Kenny and Helen Krull Raintree Publishers	K - 5	9.65	Maureen constantly struggles with the effects of her mother's alcoholism. The story suggests where children like Maureen can turn for help - to relatives, friends and teachers. Maureen's father helps her to understand her mother's illness.
Alcohol and You by Essie Lee and Elaine Israel Julian Messner	3 - 6	6.29	This factual book outlines what alcohol is, the effects on the body, what is meant by the terms 'alcoholics' and 'alcoholism' as well as how to get help.
Alcohol - What It Is and What It Does by Judith Seixas Greenwillow Books	4 - 6	5.95	This book includes information on why people drink, why some some people don't drink, facts about alcohol, effects on the body, alcoholism as an illness, A-A, Al-Anon and Alateen.
Liking Myself by Pat Palmer Teacher's Guide Impact Publishers or Minto	K - 4	3.95 1.00	This book contains exercises for good mental health and for raising self-esteem by valuing and understanding the feelings of self and others. It also contains stress characteristics and how to deal with stress.
The Mouse, the Monster and Me by Pat Palmer Teacher's Guide Impact Publishers or Minto	3 - 7	3.95 1.00	This book examines strengths, rights and responsibilites, how to ask for what you want, how to say 'No', and how to accept compliments and deal with criticism.

B. HIGH SCHOOL:

Living With a Parent Who Drinks Too Much by Judith Seixas Greenwillow Books	7 - 9	6.95	An excellent book which provides not only an understanding of the illness alcoholism, but the problems that a child and the non-alcoholic parent may be experiencing. It discusses how the child can deal with medical emergencies, beatings, sexual abuse, suicide and other problems. Social Service agencies for help are listed and a checklist for the child's own drug use is included.
Hope for Children of Alcoholics: Alateen Nearest Al-Anon and Alateen Literature Depot	7 - 12	4.25	This book provides an understanding of what alcoholism is, the twelve steps, how to locate, start or organize a group, and how to plan a meeting. It also includes testimonials of some young people.
Bombed, Buzzed, Smashed, or...Sober: A Book About Alcohol by John Langone Avon Books	7 - 12	1.50	In addition to basic alcohol information, this book contains chapters about the good side to drinking, responsible drinking, and what a teenager can do when s(he) decides not to drink.
You and Your Alcoholic Parent: A Young Person's Guide to Understanding and Coping by Edith Lynn Hornik Follett Books	10 - 12	2.95 pap. 5.95 hard cover	This book is similar to Living With a Parent Who Drinks Too Much, but it has a question and answer format and is aimed at a slightly older audience.
This Side Up: Making Decisions About Drugs NIDA	7 - 12	2.30	This zappy workbook for teens contains great layout and graphics. Activities cover topics on psychoactive drugs, steps to make changes, and alternatives to drugs, among others.

3. Books: Professional Reference

Complete Handbook of Peer Counseling by Mimi and Don Samuels Fiesta Publishing Corporation	5.95	This book is an authoritative guide for the organization, training, implementation, and evaluation of a peer counselling program.

Teaching About Alcohol by Peter Finn and Patricia O'Gorman Allyn and Bacon	21.15	This manual discusses: the goals and objectives of alcohol education; primary prevention in alcohol education; background information on alcohol use, non-use and abuse; alcohol and youth; how to teach objectively; working with parents and the community; teacher training in alcohol education; developing and evaluating an alcohol curriculum unit, with sample lesson plans; and 33 instructional activities.
Broken Bottles, Broken Dreams: Understanding and Helping the Children of Alcoholics by Charles Deutsch NCA or Teacher's College Press	13.95 pap. 17.95 hard cover	A MUST FOR EVERY SCHOOL! This book provides an excellent description of the problems associated with the children of alcoholics, how these children often react, how they can be helped by professionals, including the classroom teacher and the guidance counsellor, as well as how communities can systematically intervene.
New Drinkers: Teenage Use and Abuse of Alcohol, 2nd Edition by Reginald Smart ARF	6.95	This comprehensive book includes chapters on reasons for concern about drinking by youth, the extent of consumption and of drinking problems among young people, the effects of parental drinking and child-rearing practices on children's drinking, and what can be done for these young people at home, at school and by governments.

4. Pamphlets and Booklets

A. FOR AGES 5 - 8:

About Alcohol and Drugs: A Coloring and Activities Book
Available from Channing Bete
About $1.25 each

Soozie Says 'Only Sick People Need Drugs'
Available at cost from Superintendent of Documents
For a free sample copy, try the National Clearinghouse for Alcohol Information

No Smoking: Lungs at Work
Available from the Saskatchewan Anti-T.B. League
Free

Pepper
Available at cost from the National Council on Alcoholism

A Coloring Book for You
Available in limited quantities from Saskatchewan Alcoholism Commission
Free

B. FOR AGES 9 - 12:

Catching On (comic and activity booklet)
Available from the National Institute on Drug Abuse
Probably free

What's 'Drunk', Mama? (story booklet)
Available from nearest Al-Anon and Alateen Information Service
About $ .50 each

C. FOR AGES 13 - 18:

What Every Teenager Should Know About Alcohol
Available from Channing Bete
About $ .39 each (minimum order of 100)

Alcohol in Our Society
Available from Northern School Supply
Quantities of 1 - 24 ..... 60¢ each
25 - 99 ..... 55¢ each
100 or more .. 50¢ each

So You Drink and Drive ... A Look at the Legal Consequences of Impaired Driving
Available from the Saskatchewan Highway Traffic Board
Free

You're Young, You're Female and You Smoke

Cigarette Smoking

Second-Hand Smoke
All available from the Saskatchewan Anti-T.B. League
Free

Fact Sheets on the various drugs:

1. alcohol
2. amphetamines
3. barbiturates
4. caffeine
5. cannabis
6. cocaine
7. hallucinogens
8. inhalants
9. LSD
10. opiates
11. PCP
12. tobacco
13. tranquillizers

Class sets are available from the Saskatchewan Alcoholism Commission. Specify which of the drug pamphlets you want.
Free

D. PROFESSIONAL REFERENCE

Alternatives

Drug Education: What Can an Educator Do?

Employee Assistance Program (available summer of '83)

Pregnancy and Drug Use: A Preventive Guide for Parents

Helping Children With Alcoholism in the Family

Different Strokes...Models of Drug Abuse Prevention Education

A Summary: Drug Education and Prevention Programs for Youth in Canada and the U.S.A.

Some Facts About Youth Drug Use and Abuse

Goals of Early Intervention for Children

Available from the Saskatchewan Alcoholism Commission in limited quantities
Free

Notes:

FILMS - Youth

1. Alcohol

a. General

Addictions, Compulsions and Alternative Highs

Grades 7 - 12 -- Documentary -- 23 minutes, 1982
Gordon Watt Films Incorporated

* Alcohol - A New Focus

Grades 5 - 12 -- Documentary -- 16 minutes
Bellevue Film Distributors Limited

Alcohol, Drugs or Alternatives

Grades 7 - 12 -- Documentary -- 26 minutes, 1975
Gordon Watt Films Incorporated

* Curious Habits of Man

Grades 7 - 12 -- Documentary -- 13 minutes, 1968
Dan Gibson Productions Limited

Doing It Wrong

Grades 7 - 12 -- Drama -- 28 minutes, 1978
McBrearty Film Productions

+* The Alcohol You

Grades 7 - 12 -- Documentary -- 24 minutes, 1980
Film House

The Party, The Mother, The Ride

Grades 3 - 12 -- Trigger Films -- 6 minutes (2 min. ea.)
Ontario Motor League - Toronto Club 1978

* To Your Health

Grades 9 - 12 -- Documentary -- 10 minutes 1956
International Telefilm Enterprises Limited

Understanding Alcohol Use and Abuse

Grades 9 - 12 -- Documentary -- 12 minutes 1979
Magic Lantern (West) Limited

Available for loan from:
Saskatchewan Alcoholism Commission

b. Effects on the Family

All Bottled Up

Grades 2 - 12 -- Documentary -- 11 minutes 1975
International Telefilm Enterprises Limited

++* Bitterwind

Grades 7 - 12 -- Drama -- Indian Audiences, 25 min.
International Tele-film Enterprises Ltd. 1966

The First Step

Grades 7 - 12 -- Drama -- 29 minutes 1975
Motivision Limited

++ The Game

Grades 7 - 12 -- Drama -- 28 minutes 1975
Library Sound Services Limited

++ Romance to Recovery

Grades 4 - 12 -- Lecture type -- 34 minutes 1979
Kinetic Film Enterprises Limited

++ Soft Is the Heart of a Child

Grades 9 - 12 -- Drama -- 28 minutes 1978
Kinetic Film Enterprises Limited

++- The Summer We Moved to Elm Street

Grades 9 - 12 -- Drama -- 26 minutes 1966
National Film Board

Available for loan from:
Saskatchewan Alcoholism Commission

Alcoholism: Who Gets Hurt

Grades 1 - 8 -- Drama -- 15 minutes 1975
Magic Lantern (West) Limited

Available for loan from:
Educational Media Branch,
Department of Education

Francesca Baby

Grades 2 - 12 -- Drama -- 46 minutes 1976
Magic Lantern (West) Limited

Available for loan from:
Regina Public Library or
Educational Media Branch,
Department of Education

c. Effects on Teenagers

Feeling No Pain

Grades 7 - 12 -- Drama -- 28 minutes
Film Partners Limited

- Hot Wheels

Grades 5 - 12 -- Drama -- 28 minutes 1979
National Film Board

It Can't Happen to Me

Grades 9 - 12 -- Drama -- 25 minutes 1979
International Telefilms Limited

Available for loan from:
Saskatchewan Alcoholism Commission

2. Impaired Driving

A Matter of Time

Grades 9 - 12 -- Documentary -- 18 minutes 1980
Creative House

Collision Course

Grades 7 - 12 -- Drama -- 17 minutes 1976
Addiction Research Foundation

* Drink, Drive & Rationalize

Grades 7 - 12 -- Documentary -- 29 minutes 1973
Saskatchewan Motor Club

+* No Thanks I'm Driving

Grades 6 - 12 -- Documentary -- 17 minutes 1980
Film House

+* Power Under Control

Grade 9 - 12 -- Documentary -- 24 minutes 1980
Film House

Under the Influence

Grades 7 - 12 -- Documentary -- 26 minutes 1977
Kinetic Film Enterprises Limited

Available for loan from:
Saskatchewan Alcoholism Commission

Drinking Driver, What Would You Do?

Grades 7 - 12 -- Documentary -- 13 minutes 1978
Magic Lantern (West) Limited

Available for loan from:
Safe Graduation Committee

+ A Highway To Die

Grade 9 - 12 -- Documentary -- 28 minutes 1974
C.T.V.

Available for loan from:
Educational Media Branch,
Department of Education

3. Drug Use and Abuse

a. General

Almost Everyone Does

Grades 2 - 12 -- Documentary -- 14 minutes 1971
International Telefilm Enterprises Limited

Drugs, A Primary Film

Grades 1 - 6 -- Documentary -- 9 minutes 1972
International Telefilm

Drugs and The Nervous System

Grades 2 - 12 -- Animated Documentary - 18 minutes
Gordon Watt Films, Incorporated 1972

++ First Aid: Drug Emergency

Grades 7 - 12 -- Documentary -- 16 minutes 1979
Gordon Watt Films, Incorporated

Health In the Balance

Grades 2 - 6 -- Documentary -- 15 minutes 1972
Viking Films

I'm Dependent, You're Addicted

Grades 7 - 12 -- Documentary -- 52 minutes 1971
British Broadcasting Corporation

++ No Tears for Kelsey

Grades 7 - 12 -- Drama -- 28 minutes 1971
International Telefilm Enterprises Limited

Available for loan from:
Saskatchewan Alcoholism Commission

++ All My Tomorrows

Grade 10 - 12 -- Drama -- 17 minutes 1979
Magic Lantern (West) Limited

++ Joy's Story

Grades 9 - 12 -- Drama -- 12 minutes 1978
Magic Lantern (West) Limited

Available for loan from:
Educational Media Branch,
Department of Education

b. Marijuana

++ Reading, Writing and Reefers

Grades 7 - 12 -- Documentary -- 52 minutes 1978
Visual Education Centre

+++ Stoned -- An Anti Drug Film

Grade 9 - 12 -- Drama -- 33 minutes 1980
Marlin Motion Pictures Limited

Available for loan from:
Saskatchewan Alcoholism Commission

For Parents Only: What Kids Think About Marijuana

For parents and teachers -- Documentary
-- 28 minutes 1980
Kinetic Film Enterprises LImited

Available for loan from:
Regina Public Library

c. Tobacco

Octapuff in Kumquatt

Pre-School -- Grade 6 -- Animated-- 9 minutes 1975
Kinetic Film Enterprises Limited

* Smoking: Its Your Choice -- 2nd Edition

Grades 2 - 12 -- Documentary -- 17 minutes 1980
Omega Films Limited

Available for loan from:
Saskatchewan Alcoholism Commission

Decision For Mike

Grade 2 - 12 -- Documentary -- 16 minutes 1974
Canadian Cancer Society

Feminine Mistake

Grade 7 - 12 -- Girls -- Documentary -- 26 min. 1978
International Telefilm Enterprises Limited

Smoking -- The Unconscious Act

Grade 9 - 12 -- Drama -- 15 minutes 1976
Canadian Cancer Society

Smoking: How To Quit

Grade 9 - 12 -- Smokers -- Drama 18 minutes 1980
Thomas Howe Associates Limited

You Don't Smoke Eh?

Grade 2 - 12 -- Documentary -- 13 minutes 1980
Canadian Cancer Society

Available for loan from:
Educational Media Branch,
Department of Education.

Kids on Smoking

Grade 1 - 5 -- Drama - 10 minutes 1978
Magic Lantern (West) Limited

Why People Smoke

Grade 5 - 12 -- Documentary -- 10 minutes 1979
International Telefilm Enterprises

Available for loan from:
Regina Public Library

d. Stimulants

Beyond Winning

Grades 7 - 12 -- Documentary -- 30 minutes
International Incorporated

Available for loan from:
Saskatchewan Alcoholism Commission

4. Video·tapes

Alcohol & The Teenager

Grade 9 - 12 -- Documentary -- 24 minutes 1980
Saskatchewan Health , Health Promotion Branch

Alcohol, The Substance

Grades 7 - 12 -- Documentary -- 5 minutes
Saskatchewan Alcoholism Commission

Avonlea Graduation

Grade 10 - 12 -- Documentary for Safe Grad 1981
Canadian Broadcasting Corporation-12 minutes

Feelings

Grades 7 - 12 -- Documentary -- 9 minutes
Saskatchewan Alcoholism Commission

++ Gluing it Together

Grade 4 - 12 -- Documentary on Solvents 1981
Addiction Research Foundation 15 minutes

Impressions of Saskatchewan Youth

Grades 1 - 5 -- Documentary -- 5 minutes
Saskatchewan Alcoholism Commission

Joie de Vivre

Grades 1 - 12 -- Motivational -- 8 minutes
Saskatchewan Alcoholism Commission

Safe Grad

Grade 10 - 12 -- Safe Grad Documentary 1980
Saskmedia -- 13 minutes

++ Sniffing: Don't Blame It On The Kids

Grade 8 - 12 -- Documentary -- 20 minutes 1982
Camera West

5. Cassettes

Hope for Parents of Troubled Teens series by Earnest Larson, 1980:

Tape 1: Coping With the NAC Syndrome (Side 1)
Framing: How We Look at Life (Side 2)

Tape 2: Recovery Begins With Reality (Side 1)
Recovery is Reaching Out for Help (Side 2)

Tape 3: The Nature of Communication (Side 1)
Communicating With the NAC Teenager (Side 2)

Health Communications

Available for preview from:
Saskatchewan Alcoholism Commission

CODE:
* Also available for loan from Saskmedia
\- Also available for loan from National Film Board
\+ Also available on V.T.R.
++ Advise previewing before presentation
+++ Available for loan from Regina Public Library

6. Other Recommended Films

The following are films that have been previewed and recommended by the Saskatchewan Alcoholism Commission Film Evaluation Committee. These films are not available for loan in Saskatchewan but are recommended for purchase by interested groups.

a. General

Alcohol and Drugs: How They Affect the Body

Grade 2 - 8 -- Documentary -- 20 minutes 1981
Gordon Watt Films Incorporated

Alcohol, Drugs -- Making the Decision

Grade 3 - 12 -- Documentary -- 26 minutes 1978
Magic Lantern (West) Limited

Epidemic, Kids, Alcohol and Drugs

Grade 5 - 12 -- Documentary -- 24 minutes 1981
Magic Lantern (West) Limited

b. Effects on the Family

Drinking Parent

Grade 3 - 12 -- Documentary -- 10 minutes 1979
Magic Lantern (West) Limited

The Family Trap

Grade 8 - 12 -- Lecture -- 30 minutes 1980
Kinetic Film Enterprises

She Drinks a Little

Grade 7 - 12 -- Drama -- 31 minutes 1982
Marlin Motion Pictures

A Story About Feelings

K - 6 -- Documentary -- 11 minutes 1981
Kinetic Film Enterprises Limited

c. Effects on Youth

Combacker: The Bob Welsh Story

Grade 4 - 12 -- Documentary -- 22 minutes 1981
Kinetic Film Enterprises

The Glug:

Grade 3 - 9 -- Drama -- 15 minutes 1981
Gordon Watt Films Incorporated

The Young Alcoholics

Grade 7 - 12 -- Documentary -- 20 minutes 1978
Kinetic Film Enterprises Limited

d. Impaired Driving

Marijuana, Driving and You

Grade 9 - 12 -- Documentary -- 13 minutes 1980
International Telefilm Enterprises Limited

Until I Get Caught

Grade 6 - 12 -- Documentary -- 27 minutes 1980
Kinetic Film Enterprises Limited

e. Drugs

Marijuana - The Hidden Danger

Grades 5 - 12 -- Documentary -- 30 minutes 1979
City Films Distribution Limited

Angel Dust

Grades 9 - 12 -- Documentary -- 25 minutes 1980
Magic Lantern (West) Limited)

P.C.P.: You Never Know

Grades 9 -- 12 -- Documentary -- 15 minutes 1979
Gordon Watt Films Incorporated

f. Lifestyles

Health & Life Styles: Positive Approaches to Well-Being

Grades 7 - 12 -- Documentary -- 28 minutes 1981
Kinetic Film Enterprises

Less Stress

K - Grade 9 -- Documentary -- 14 minutes 1979
Gordon Watt Films Incorporated

Live or Die

Grades 10 - 12 -- Documentary -- 28 minutes 1978
Viking Films Limited

Making a Decision is ...

Grades 7 - 12 -- Documentary -- 19 minutes 1974
Gordon Watt Films Incorporated

Rosey Grier: The Courage to Be Me

Grade 3 - 12 -- Documentary -- 25 minutes 1978
Gordon Watt Films Incorporated

The Stress Mess

Grades 7 -- 12 -- Documentary -- 25 minutes 1980
Gordon Watt Film Incorporated

Notes:

Human Resources
-Youth

The Human Services Directory is an excellent resource which describes the services provided by various agencies/organizations in this province. As well, addresses and phone numbers are given.
The Directory is available free of charge from:

Information and Public Relations Branch
Saskatchewan Social Services
1920 Broad Street
REGINA, Saskatchewan
S4P 3V6

Some of the organizations listed in this directory which are youth and/or family oriented are:

* Association of Metis and Non-Status Indians
* Battlefords' Boys and Girls Club
* Big Brothers and Big Sisters Association
* Birthright
* Mental Health/ Saskatchewan
* Canadian Red Cross Society
* Canadian Schizophrenia Foundation
* Co-operative College of Canada
* Cornwall Street Tutoring Project
* Council for Exceptional Children
* Federation of Saskatchewan Indians
* Focus
* Futuristic Industries
* Department of Indian and Northern Affairs
* Sask Culture and Youth
* Health Promotion Branch, Sask Health
* Community Health Services, Sask Health
* Child and Youth Services, Psychiatric Services, Sask Health
* Sask Legal Services Commission
* Sask Social Services
* Harvest Community of the Prairies
* H.E.L.P. (Hope, Education, Love, Protection)
* Indian and Metis Friendship Centres
* Interlake Human Resources Society
* Lestock Women's Center Society
* Mallard Co-operative Industries
* Maple Creek Community Center
* Martha House
* Minto Family Life Education Centre
* Native Co-ordinating Council, Prince Albert
* Native Homemaker Service, Family Service Bureau, Regina
* North East Family Life Centre
* Planned Parenthood Saskatchewan

- continued from previous page

* Prince Albert Mobile Crisis Unit Co-operative Ltd.
* Regina Association for Gifted Children
* Regina Catholic Family Service Society
* Regina City Health Department
* Regina Family Service Bureau
* Regina Mobile Family Service Society
* Regina Open Door Society
* Regina Transition Women's Society
* Regina Youth Unlimited
* Salvation Army
* Saskatoon Boys' and Girls' Club
* Saskatoon Catholic Family Service
* Saskatoon City Health Department
* Saskatoon Family Service Bureau
* SCEP Centre Society
* S.M.I.L.E. (Society for Maintaining and Improving Life in Estevan)
* S.I.G.N. (Society for the Improvement of Good Neighbours) Yorkton
* Wheatland Regional Centre
* Women in Society Today
* YMCA
* YWCA

Community Legal Counselling Program : Advice in Action

The Regina Public Library, the Native Counsel Project of the Regina Community Legal Aid Society and the North Central Community Society, have pooled resources to offer a legal referral service.
This service will operate for half-days in two different locations:

TUESDAY 1:00 - 5:00 P.M.
Territorial Administration Building
Athol Street and Dewdney Avenue
REGINA

THURSDAY 1:00 - 5:00 P.M.
Albert Branch Library
8th Avenue and Robinson Street
REGINA

Regina Christian Counselling Centre

Provides family and marriage counselling.

For information or appointments, contact:

Dr. Stan Willson or Mrs. Joanne Nelson, M.A.
Suite 1 - 2025 Lorne Street
REGINA
Phone: 522-9225

Campus Life - Youth for Christ

This interdenominational, Christian youth organization is not connected with any particular church. It endeavors to communicate and co-operate with the local Christian church leadership, encouraging students to participate in their own church. Campus Life emphasizes a balance of the mental, social, physical and spiritual areas of life, and it attempts to affirm the role of the home and school in the life of the student.
Campus Life clubs provide a place for kids to talk about the issues they care about: family conflicts, the competition for grades, sex, loneliness, God.
The Saskatoon branch provides counselling through its Youth Guidance division.

REGINA : Youth for Christ - Campus Life
Box 2
S4P 2Z5
Phone: 569-3667

SASKATOON: Campus Life - Youth for Christ
Box 13
S7K 3K1
Phone: 653-5266

Healthsharing, Inc.

This is a group of Regina women who share concerns about the special health needs of women and adolescents. Its goal is to ensure professionally supported, comprehensive services for women and adolescents in Regina and district.

For further information or if you would like someone to speak to your group, contact:

Bonnie Johnson
Box 734
REGINA S4P 3A8 Phone: 586-9628

Pro Parent: Programs for Parents Who are Pro-Kids

The founder and consultant, Bob Reid, offers study courses, workshops, resources, and individual/group consultation.

For more information, contact:
Bob Reid
614 Walmer Road
SASKATOON, Saskatchewan
S7L 0E2
Phone: 665-6689

Other Resources:

* Parents Anonymous
* Day Care Centres
* Sask Department of Education
* Schools
  Note: Community schools
  - Prince Albert - Queen Mary
    St. Michael
  - Saskatoon - Westmount
    Princess Alexandra
    St. Michael
    St. Mary
  - Regina - Connaught
    Kitchener
    Sacred Heart
    Holy Rosary
    St. Michael
* A-A, Al-Anon, Alateen
* RCMP (contact nearest detachment for information/assistance)
* Block Parents
* Churches
* Libraries
* Parent Groups such as Parent-Teacher Associations
* Parks and recreation offices

KITS, RESOURCE MANUALS - Youth

You may borrow the listed kits and resource manuals from:

Saskatchewan Alcoholism Commission
T.C. Douglas Building
3475 Albert Street
REGINA, Saskatchewan
S4S 6X6

Library Hours: 8:30 A.M. - 5:00 P.M.
Monday through Friday

Phone: 565-4656

1. Alcohol

AUTHOR:	TITLE:	LIBRARY NO.:
American Asso. for Health, Phys.Ed. and Recreation	Learning About Alcohol: Resource Book for Teachers, 1974	HV 5035 L4
Black, Claudia	My Dad Loves Me, My Dad Has a Disease...A Workbook for the Children of Alcoholics, 1979	HV 5133 B63
California State Dept. of Education	Criteria for Assessing Alcohol Education Programs, 1976	HV 5125 C14
CASPAR Alcohol Education Curriculum	Decisions About Drinking, Gr. 3 - 12, 3rd Edition, 1979	HV 5125 D29
CASPAR Alcohol Education Program	A Manual of Evaluation Guidelines for CASPAR: A Model Program in Alcohol Education, 1979	HV 5125 C34
Comprehensive Health Education Foundation	Here's Looking at You, A Teacher's Guide for Alcohol Education, 1976	HV 5125 H54
Dutton, R.W.	Catalyst II: A Workbook of Alcohol Education Resources, 1980	HV 5125 D98

Finn, Peter and Patricia O'Gorman	Teaching About Alcohol: Concepts, Methods, and Classroom Activities, 1981	HV 5125 T67
Finn, Peter and Judith Platt	Alcohol and Alcohol Safety: A Curriculum Manual for Elementary Level, A Teacher's Activities Guide, 1972	HV 5125 F3
Kim, Yong	Study of the Effectiveness of Communication Contents Transmitted to the Recipients for Alcohol Education, 1970	AC 1970 S94
McCarthy, Raymond	Alcohol Education for Classroom and Community: A Sourcebook for Educators, 1964	HV 5125 M17
McCarthy, Raymond	Teenagers and Alcohol: A Handbook for the Educator, 1956	HV 5125 M18
Milgram, Gail G.	Alcohol Education Materials: An Annotated Bibliography, 1975	HV 5125 M64
Ontario Ministry of Health	Your Health and Alcohol:Gr. 7-8 1980	HV 5125 Y81 7-8
Ontario Ministry of Health	Your Health and Alcohol:Gr. 9-10 1980	HV 5125 Y81 9-10
Schneider, Karl	Alcoholism and Addiction: A Study Program for Adults and Youth,1976	HV 5125 S36
Sheppard, Margaret et al, ARF	Alcohol Education: Ten Lesson Plans for Grades 7 and 8, 1978	HV 5125 A22
Sheppard, Margaret et al, ARF	Alcohol Education: Ten Lesson Plans for Grades 9 and 10, 1978	HV 5125 A229-10
Todd, Frances	Teaching About Alcohol, 1964	HV 5125 T67
U.S. Govt. Printing Office	This Side Up: Making Decisions About Drugs, 1978	HV 5125 T44
Wiltse, Franklyn	Exploring Alcohol and Alcoholism: A Unit of Study, 1978 (Contains a 63-page student workbook and a 52-page instructor's manual)	HV 5125 W75

2. Drugs

American School Health Association, Ohio	Teaching About Drugs, A Curriculum Guide, K-12, 1971	HV 5801 T3
Lockheed Aircraft Corporation	Drug Decisions, 3rd Edition, Teacher's Manual, 1969	HV 583] D79

Minnesota Public Schools	Teacher's Guide for Chemical and Drug Education, 1972	HV 5824 M66
Health and Welfare Canada	Hole in the Fence, 1975 Student storybook and Teacher's Manual	HV 5801 H5
Tessler, Diane Jane	Drugs, Kids and Schools: Practical Strategies for Educators and Other Concerned Adults, 1980	Will be catalogued

3. Prevention

American Businessmen's Research Foundation	8:30 Monday Morning, 1977	Will be catalogued
Boys' Clubs of America	Alcohol Abuse Prevention: A Comprehensive Guide for Youth Organizations, 1978	HV 5135 A35
Canfield, Jack and Harold Wells	100 Ways to Enhance Self-Concept in the Classroom: A Handbook for Teachers and Parents, 1976	LB 1065 C26
Channel One Clearinghouse Corporation	Facilitator's Guide to Channel One Program, 1981	V 1431 F14
Delaine, John K.	Who's Raising the Family? A Workbook for Parents and Children, 1981	HV 5824 D33
Division of Health, Safety and Phys. Ed.	Life Skills for Health, Affective Curriculum for K-3, 4-6, 7-9, 10-12, 1974	RA 790 L3
Gray,H. Dean and Judy Tindall	Peer Power: Becoming an Effective Peer Helper, 1978	BF 637 G78
Golinoski, Darlene and Valerie Paape, AFM	Kids and Drugs: Prevention Education for Parents, 1981	
	Vol. 1	HV 5805 G62 V.1
	Vol. 2: Activity Book	HV 5805 G62 V.2
	Vol. 3: Leader's Manual	HV 5805 G62 V.3
Gonzalez, Gerardo	A Model for Developing a Campus Alcohol Abuse Prevention Program, 1977	HV 5125 G6
Gonzalez, Gerardo	Procedures and Resource Materials for Developing a Campus Alcohol Abuse Prevention Program, 1978	HV 5125 G64
Johnson, David	Reaching Out: Interpersonal Effectiveness and Self-Actualization, 1981	HM 132 J66

Johnson, David and Roger Johnson	Joining Together: Group Theory and Group Skills, 1975	HM 131 J66
U.S. Department of Health and Human Services	Teen Involvement for Drug Abuse Prevention, Administrator's Guide, 1978	BF 637 C75
U.S. Department of Health, Education and Welfare	You, Youth and Prevention	
	Trainer Manual	HV 5135 Y67
	Session Outline Cards	HV 5135 Y67
	Planning a Prevention Program	
	Participant Handbook	HV 5135 P71

The following kits and resource manuals are in the Commission's EDUCATION REFERENCE COLLECTION.

You may not borrow these materials but you are welcome to use them within the library.

Or, you may wish to purchase your own copies or else request them from other libraries on an interlibrary loan.

Check with other libraries for additional resources.

1. Alcohol

Alcoholism Foundation of Manitoba	Sports and Drugs Media and Drugs Drinking and Driving The Law and Drugs Economics of Alcohol Cultural Perspectives on Drug Use Curriculum Supplement: Drug Issues Series No date
Alcoholism Foundation of Manitoba, Girl Guides of Canada (Manitoba Council) and the Kiwanis Club of Gimli & District	Alcohol and Drug Awareness Program, April, 1980

Drug Education Centre	Deciding: Student-Oriented Activities for Exploring Information About Alcohol, Gr. 6 - 12, 1975
FLI Learning Systems	Chug: An Elementary Alcohol Education Kit, 1982
Maryland State Department of Education	Alcohol Use and Traffic Safety: V.1 (K-Gr.3) Alcohol Use and Traffic Safety: V.2 (Gr. 4-6) Alcohol Use and Traffic Safety: V.3 (Gr. 7-9)
Massachussetts Parent-Teacher-Student Association , Inc.	How to Talk With Children About Drinking: A Parenting Guide to Alcohol Education, 1977 *National Parent Teacher Association (Alcohol Education Project)
Michigan Office of Substance Abuse Services	Preventing Alcohol-Related Driving Problems Among Youth: Trainer's Manual and Curriculum, 1980
Missouri Congress of Parents and Teachers	CAP: The Community Action Plan, A Community Response to the Misuse of Alcohol, 1977 *National Parent Teacher Association (Alcohol Education Project)
National Congress of Parents and Teachers	Alcohol Alley, 1977 (contains game, filmstrip, cassette, coloring book and teacher's guide) Alcohol Education: An Introduction to Community Planning, 1977 The Infamous Booziometrograph, no date The People to People Approach to Alcohol Abuse Intervention, 1977 *National Parent Teacher Association (Alcohol Education Project)
National Council on Alcoholism	BABES, 1981 (a kit for pre-schoolers which contains 6 puppets, cassettes, activities and teacher's guide)
Southern Area Alcohol Education & Training Program	Youth Alcohol Awareness Training for Health Educators, School Counselors, Youth Trainers: Trainer/Trainee Manual, 1977
State Education Department, Albany, New York	Alcohol Education: Curriculum Guide for Gr. K-6, 1976 Alcohol Education: A Teacher's Curriculum Guide for Gr. K-6, 1976 Alcohol Education: Curriculum Guide for Gr. 7-12, 1976 Alcohol Education: A Teacher's Curriculum Guide for Gr. 7-12, 1976
United States Department of Transportation	Alcohol and Alcohol Safety: A Curriculum Manual for Junior High Level , Teacher's Activity Guide, 1972 Alcohol and Alcohol Safety: A Curriculum Manual for Senior High Level, 1972 Alcohol and Alcohol Safety: A Curriculum Manual for Senior High Level, A Teacher's Activity Guide, 1972 *American Automobile Association

United States Department of Transportation	You...Alcohol and Driving (Student's manual), 1977 *American Automobile Association
Wiltse, Franklyn L.	Exploring Alcohol and Alcoholism, Student Workbook, 1978 Exploring Alcohol and Alcoholism, Instructor's Manual, 1978 Kishwaukee Publishing Co.

2. Drugs

Action B.C.	Butt Out! Project Book for Students Butt Out! Group Leader's Manual A Do-It-Yourself Quit Smoking Course 1977
American Alliance for Health, Physical Education and Recreation	Resource Book for Drug Abuse Education, 1969
Arizona Department of Education	Substance Abuse Resource Guide, K-12, 1978
Canadian Cancer Society	Celly: Kids' Best Friend Smoking and Health Kit for Grades 4 - 6 The Kit: A Guide to Decision-Making and Health for Grades 7 - 8 The Sourcebook for Teachers and Students: Cancer Education for Secondary Schools The Wild Cells: Cancer Education for Secondary Schools Overhead transparencies on lungs of smokers and non-smokers 197? Available at no charge from the nearest office of the Canadian Cancer Society
Clarke, Kenneth	Drugs and the Coach, Rev. Ed., 1977, American Alliance for Health, Physical Education and Recreation
Nova Scotia Commission on Drug Dependency	Physicians in the Schools: Presentation Guide for Grades 6 and 7, 1979 Physicians in the Schools: Teacher's Guide for Grades 6 and 7, 1979

Sederberg, Richard et al	PAR: Parents are Responsible, A Program About Parents, Children and Drugs, 1979 *Metro Drug Awareness Minneapolis Health Department
State Education Department, Albany, New York	Guidelines for Development of School Policies Regarding Smoking, 1980
York, Phyllis and David York	Toughlove: A Self-Help Manual for Parents Troubled by Teenage Behavior, 1980 Community Service Foundation

3. Prevention

Agriculture Canada	Canadian Vegetable Kit for 6-8 year olds, 8-12 year olds, and 12-16 year olds, 1980
Alcohol and Drug Commission, B.C.	A Question of Life, Grade 4, 1981 People of the Sun, Grade 5, 1981 It's Your Body, Grade 7, 1981 Hurray for Me, Grade 6, 1981 Speak Up for Yourself, Grade 8, 1981 Choosing a Lifestyle, Grade 9, 1981 Family, Feelings, and Lifestyles, Grade 10, 1981
American Cancer Society	An Early Start to Good Health, 1977 *Canadian Cancer Society
Bargo, Michael	Choices and Decisions, A Guidebook for Constructing Values, 1980 Choices and Decisions: A Facilitator's Manual, 1980 University Associates, California
Bessell, Harold and Thomas Kelly	The Parent Book: The Holistic Program for Raising the Emotionally Mature Child, 1977 Jalmar Press, California
Boys' Clubs of America	Dare to Aim High!, no date
Briskin, Dr. Alan and Associates	A Psychological Curriculum for Drug Abuse Prevention, 197?
Brownstone, Jane and Carol Dye	Communication Workshop for Parents of Adolescents: Leader's Guide, 1973, Research Press
Buntman, Peter and Eleanor Saris	How to Live With Your Teenager: A Survivor's Handbook for Parents, 1979, Birch Tree Press

Carkhuff, Robert	The Art of Problem-Solving: A Guide for Developing Problem-Solving Skills for Parents, Teachers, Counselors and Administrators, 1973, Human Resource Development Press, Amherst, Mass. *Minto Family Life Education Center
Clarke, Jean Illsley	Self-Esteem: A Family Affair, 1978, Winston Press *Holt, Rinehart and Winston
Cole, Ann et al	Recipes for Fun, 1972 More Recipes for Fun: Learning Activities for Young Children, 1972 Still More Recipes for Fun, no date Par Project, Northfield, Illinois *Minto Family Life Education Center
Cooper, Grace	Guide to Teaching Early Childhood Development: A Comprehensive Curriculum, 2nd Edition, 1978, Child Welfare League of America
Dinkmeyer, Don and Gary McKay	Systematic Training for Effective Parenting, 1976, American Guidance Service, Minnesota
Ed-U-Press	Community Family Life Education Programs for Parents, 1977
Elardo, Phyllis and Mark Cooper	AWARE: Activities for Social Development, 1977, Addison-Wesley Publishing Co., Don Mills, Ontario
Elkins, Dr. Don Peretz	Teaching People to Love Themselves: A Leader's Handbook of Theory and Technique for Self-Esteem and Affirmation Training, 2nd Rev. Ed., 1978, Growth Associates, Rochester, New York
Hesterly, S. Otho	The Parent Package: To Raise a Winner, 1974 Leader's Guide to the Parent Package, 1974 S. Otho Hesterly, Little Rock, Arkansas
Illinois Alcoholism and Drug Dependence Association	A Process and Resource Guide to Operation Snowball, 1980
Johnson, David and Roger	Learning Together and Alone: Co-operation, Competition and Individualization, 1975, Prentice-Hall *J & J Book Educational Materials
Kotowski, Joanne	Say It With Puppets: Dimensions of Personality, 1975, Say It With Puppets (guide, puppets, cassettes)
Lyons, Virginia, editor	Structuring Co-operative Learning: The 1980 Handbook, 1980, Co-operative Network, Minneapolis *J & J Book Educational Materials
Miller, Maureen	To Share With Your Children, 1978, Argus Communication, Niles, Illinois

Munger, Evelyn and Susan Bowden	Beyond Peek-a-Boo and Pat-a-Cake, 1980, McGraw-Hill Ryerson
National Congress of Parents & Teachers	The Community Action Plan: A Community Response to the Misuse of Alcohol, 1977 *Alcohol Education Project National PTA
National Institute on Drug Abuse, 5600 Fishers Lane	Prevention Planning Workbook, Volume 1 A Needs Assessment Workbook for Prevention Planning, Volume 2
National Parent Teacher Association	Promise Parent Study Groups: Techniques for Enhancing Parenting Skills, 1977
National Training and Resource Development	Adolescence: Intervention Strategies, Trainer Manual, 1978 *Superintendent of Documents
Nickerson, Carl et al	Miraculous Me! A Book for People Who Care About Kids, 1980, Comprehensive Health Education Foundation *Minto Family Life Education Center
Office of the Superintendent of Schools, Alameda County	Deciding: Student-Oriented Activities for Exploring Information About Alcohol, 1975, Hayward, Califonia *Drug Education Center, Alameda County School Department
Palmer, Pat	Liking Myself (for ages 5-9), 1977 Liking Myself, Teacher's Guide, 1977 The Mouse, the Monster and Me: Assertiveness for Young People (for ages 8-12), 1979 The Mouse, the Monster and Me: Teacher's Guide, 1979 Impact Publishers, San Luis Obispo, California *Minto Family Life Education Center
Phelan, Patricia and Noel	The OK Family Activity Book, 1976, La Jolla, California *Minto Family Life Education Center
Riley, Donald et al	Workshop Models for Family Life Education: Parent-Child Communications, 1977, Family Services Association of America
Samuels, Mimi and Don	The Complete Handbook of Peer Counselling, 1975, Fiesta Publishing Corporation, Miami, Florida
Simon, Sidney et al	Values Clarification: A Handbook of Practical Strategies for Teachers and Students, Rev. Ed., 1978, Hart Publishing Co., New York *Gage Publishing Co.
Smith, Ronald J. Caius	Helping Kids Discover Themselves: A Replication Guide for Implementing a Course in Transactional Analysis in Secondary Schools, 1980, Options Co. *Transactional Publications

Stanford, Gene	Developing Effective Classroom Groups, 1977, A & W Visual Library, New York (contains activities with a co-operative approach) *Health Communications, Inc.
Thayer, Louis, editor	50 Strategies for Experiential Learning: Book One, 1976, University Associates, Inc., San Diego, California
United States Department of Health,Education and Welfare	Footsteps: A Television Series on Parenting: Home Viewer Guide, 1980 *Consumer Information Center
United States Department of Transportation	Communication and Parenting Skills: Trainer's Manual, 1972 *American Automobile Association
United States Jaycees	All in the Family: Understanding How We Teach and Influence Children About Alcohol, 1975 All in the Family, Chairman's Guide, 1975 *Hazelden Educational Services
Vorrath, Harry H. and Larry Brendtro	Positive Peer Culture, 1974 *Aldine Publishing Co.
Weinstein, Matt and Joel Goodman	Playfair: Everybody's Guide to Non-Competitive Play, 1980, Impact Publishers *Health Communications, Inc.
Wilt, Joy and Bill Watson	Relationship Builders: 156 Activities and Games for Building Relationships, Ages 4-8, 1978, Word, Inc. *Minto Family Life Education Center
Wood, Pat and Murray Wood	Living With Teens and Surviving or Living With Parents and Surviving, 1979, Pat and Murray Wood Associates, Toronto? *Minto Family Life Education Center

* *Denotes another publisher*

PAMPHLETS - Youth

* Too Young?
* Teen Drug Use: What Can Parents Do?
* Youth and the Alcoholic Parent
* Young People and A-A
* Its a Teenaged Affair
* The Effect of Alcoholism in Children
* How Can I Help My Children?
* To the Mother and Father of an Alcoholic
* If Your Parents Drink Too Much
* Adult Children of Alcoholics
* What's "Drunk", Mama?
* Guide for the Family
* Facts About Alateen
* Do You Need Alateen?
* Alcoholism and the Family
* The Troubled Teens with Problem Parents
* Points for Parents

Available at cost from:

Nearest A-A, Al-Anon literature depot

* Cannabis: Adverse Effects on Health
* Facts About Alcohol
* A series of fact sheets on other drugs as well... Amphetamines, Barbiturates, Cannabis, L.S.D., Opiates, P.C.P., Inhalants, Tobacco, Tranquilizers, Cocaine, Caffeine
* It's My Life (a booklet about making decisions; for young children)
* Myths About Drinking and Driving
* A Letter to an Indian About Alcohol

Available at cost from:

Addiction Research Foundation

* Can Anybody Talk to Our Kids?
* Campus Life and You

Available at no cost from:

Campus Life - Youth for Christ

* Smoking: "The Unconscious Act"
* The Student's Look at Cancer: Why Learn About Cancer?
* Smoking and How to Kick the Habit: "Why You Started Smoking is Not Important. Why You Continue Is"
* So - I'm Living Dangerously! What Else is New?
* So You're Going to Start Smoking. "We Wish You Luck... You're Going to Need It"
* Answers to the Most Often Asked Questions About Cigarette Smoking and Cancer
* How to Quit Cigarettes

Available at no cost from:

Your nearest office of the Canadian Cancer Society

* Mike and Tom

Available at cost from:

CASPAR Alcohol Education Program

* What Everyone Should Know About Drug Abuse
* Drug Abuse and You
* About Alcohol and Drugs: A Coloring and Activities Book
* What Everyone Should Know About Alcohol
* Alcoholic in the Family...A Guide for Dealing With Drinking Problems
* What Everyone Should Know About Alcoholism
* What Every Teenager Should Know About Alcohol
* About Women and Alcohol
* ABC's of Drinking and Driving
* What You Should Know About PCP
* The Joy of Jogging
* Understanding Adolescence

* About Preventing Drug Abuse
* To Smoke or Not to Smoke
* What Every Parent Should Know About Drugs and Drug Abuse
* What Everyone Should Know About Stress
* How to Understand Yourself and Others
* Your Attitude and You
* About Your Child's Emotional Health

Available at cost from:

Channing L. Bete, Co.

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* Childhood Environment and Mental Health: A Conversation With Jerome Kagan

Available from:

Division of Scientific and Public Information
National Institute of Mental Health

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* Drugs and Alcohol: A Handbook for Young People
* You Got Any I.D., Kid?
* Alcohol...Facts Behind the Rumors Behind the Myths
* All About Downer Drugs
* Sniffing: Good Smells and Bad Smells
* Teens and Alcohol
* Drugs: A Primer for Young People
* Sniffing: A Parent's Perspective
* Drug Abuse: A Realistic Primer for Parents

Available at cost from:

Do It Now Foundation

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* I Don't Have Two Parents at Home
* Do My Parents Love Me?
* But They're My Friends
* Do Adults Understand Me?
* The Sexual Adolescent
* Through the Eyes of Youth
* Why Can't I Do It My Way?

Available at cost from:

Essence Publications

* Points for Parents Perplexed About Drugs
* Teen Drug Use: What Can Parents Do?
* For Troubled Teens With Problem Parents
* A Primer on the Prevention of Chemical Use Problems

Available at cost from:

Hazelden Educational Services

* Learning About Family Life

Available at no cost from:

Health and Welfare Canada
or your nearest local health unit

* The Young Drinkers: Teenagers and Alcohol
* A Parents' Guide to Drug Misuse
* Alcohomics: Alcohol Facts, Booze in History, How Drinking Affects the Body

Available at cost from:

Health Communications, Inc.

* Feelin' Good Coloring Book
* Feelin' Good growth chart
* Feelin' Good balloons
* Feelin' Good iron-on transfer for T-shirts
* Alcohol: How Much is Too Much?
* Painkillers
* Guide to Non-Smoking
* Change Your Lifestyle and Start Feelin' Good
* Feelin' Good Fitness Guide

Available at no cost from:

Health Promotion , Saskatchewan Health

* So You Drink and Drive
* Smashed

Available at no cost from:

Highway Traffic Board

* The Basics of Practical Parenting by Ken Marlin

Available at cost from:

Minto Family Life Education Center
or
Practical Parenting Publication

* I Love Not Smoking: A Coloring Book for Non-Smoking Children

Available at cost from:

Namchi United Enterprises

* Inhalants
* Teaching About Drinking
* How to Talk to Your Teenager About Drinking and Driving

Available at no cost from:

National Clearinghouse for Alcohol Information

* Alternatives

Courtesy copy available at no cost from:

National Clearinghouse for Drug Abuse Information
and Metrotec Research Associates

* Alcohol Education: What It Is and How to Do It
* Pepper
* The Effect of Alcoholism on Children
* Alcohol and the Adolescent

Available at cost from:

The National Council on Alcoholism

* Caring About Kids: The Importance of Play

Available from:

National Institute of Mental Health

* Parents, Peers and Pot
* Alcohol: Pleasures and Problems by P. Finn and J. Lawson
* The Drinking Question: Honest Answers to Questions Teenagers Ask About Drinking
* Is Beer a Four Letter Word? An Alcohol Abuse Prevention Program Idea Book
* Multicultural Perspectives on Drug Abuse and Its Prevention by Louisa Messolonghites
* Alternatives to Drug Abuse: Steps Toward Prevention

Available from:

National Institute on Alcohol Abuse and Alcoholism
or
National Clearinghouse for Alcohol Information

* Catching On
* Drugs and Driving
* This Side Up: Making Decisions About Drugs
* Comments...Marijuana and Children
* Communicating With Our Sons and Daughters
* Multicultural Perspectives on Drug Abuse and Its Prevention: A Resource Book
* It Starts With People: Experiences in Drug Abuse Prevention

Available from:

National Institute on Drug Abuse

* Cookbook for A Smokeless Diet (the "recipes" highlight many adolescent smoking and health education programs in the U.S.A.)

Available from:

National Interagency Council on Smoking and Health

* Drinking is Not Indian (Essays written by Indian Children of B.C.)
* Help for Ourselves

Available at no cost from:

Native Alcohol Abuse Program, Regina

* Alcohol in Our Society (an excellent all-round booklet)

Available at cost from:

Northern School Supply

* You and Your Child

Available from:

Nova Scotia Commission on Drug Dependency

* The Secret Everyone Knows: Help for You If Alcohol is a Problem in Your Home by Cathleen Brooks

Available from:

Operation Cork

* The Teacher and the Drug Scene by John Eddy
* The People and Their Schools: Community Participation by Mario Fantini
* The Community as Textbook by Catharine Williams
* Affective Education in Philadelphia by Norman Newberg

Available at cost from:

Phi Delta Kappa

* The Basics of Practical Parenting by Ken Marlin

Available at cost from:

Practical Parenting Publication
or Minto Family Life Education Center

* Pressures on Children, #589
* Parent-Teenager Communication: Bridging the Generation Gap, #438
* Talking It Over at Home: Problems in Family Communication, #410
* Parents and Teenagers, #490
* The New Alcoholics: Teenagers, #499
* You and Your Alcoholic Parent, #506
* How to Help the Alcoholic, #452
* Children and Drugs, #584

Available at cost from:

Public Affairs Pamphlets

* The Family Council by Kleona Rigney & Raymond Corsini
* ABC's of Guiding the Child by R. Dreikurs & M. Goldman

Available at cost from:

Rudolph Dreikurs Unit of Family Education
or
Minto Family Life Education Center

* Exploring Alcohol Questions
* What Shall We Teach the Young About Drinking?
* Drug Education: A Review of Goals, Approaches and Effectiveness, and a Paradigm for Evaluation
* Social Determinants of Adolescent Drinking: What They Think, What They Do and What I Think and Do

Available at cost from:

Rutgers Center of Alcohol Studies

* Reasons Kids Drink/ Reasons Kids Don't Drink
* A Coloring Book for You
* Alternatives (to drug use and abuse)
* Drug Reference Chart
* Pregnancy and Drug Use: Preventive Guide for Parents
* Different Strokes: Models of Drug Abuse Prevention Education
* Drug Education: What Can an Educator Do?
* A Summary: Drug Education and Prevention Programs for Youth in Canada and the U.S.A.
* Signs and Symptoms
* Goals of Early Intervention for Children
* Helping Children With Alcoholism in the Family
* Children and Drugs: A Suggested Guide for Parents
* Alcoholism and Drug Addiction in Children: What's a Parent to Do?
* Some Facts About Youth Drug Use and Abuse

Available at no cost from:

Saskatchewan Alcoholism Commission

* No Smoking: Lungs at Work
* Cigarette Smoking
* Second-Hand Smoke
* You're Young, You're Female and You Smoke
* Pipe and Cigar Smoking
* Q & A of Smoking and Health

Available at no cost from:

Saskatchewan Anti-Tuberculosis League

* Games of the Plains Cree
* What Is It Like to be an Indian?
* Child of Two Worlds

Available at cost from:

Saskatchewan Indian Cultural College

* Drink and Drive? Why Risk It?
* Getting High

Available from:

South Carolina Commission on Alcohol and Drug Abuse

* Doing Drug Education: The Role of the School Teacher
* Developing a Sense of Competence in Young Children
* Parent Education in a Pediatric Clinic
* Cultural Enrichment by Means of a Toy Library
* Caring About Kids: Stimulating Baby Senses
* Thinking About Drinking
* Soozie Says, "Only Sick People Need Drugs"
* A Reality or Myth? Indian in the Red
* Come Closer Around the Fire: Using Tribal Legends, Myths, and Stories in Preventing Drug Abuse
* Growing Up and Feeling Powerful as an American Indian (for Grades 4 through 6)
* Let's Talk About Drug Abuse
* Drug Abuse Prevention for Your Family
* Drug Abuse Prevention for Your Communit"
* Drug Abuse Prevention
* For Parents Only: What You Need to Know About Marijuana
* For Kids Only: What You Should Know About Marijuana

Available at cost from:

The Superintendent of Documents

For a free sample copy, try:

National Clearinghouse for Alcohol Information

POSTERS – Youth

"Start a trend"

"Wouldn't you rather be a person?"

"Two heads aren't always better than one"

"You don't need alcohol to be cool"

"Don't let your next party be your last"

"Excessive drinking isn't chic"

"A drink is a drink is a drink"

(All of the poster designs for the above were drawn by students of varying ages)

Available at cost from:
Addiction Research Foundation

"When you're pregnant, if you drink, your baby drinks, too!"

(Shows a long-legged stork with a baby bundle hanging from its beak)

"Make the most of a good thing. Make the most of you"

(Shows a young girl of about 13 who has just purchased a horse and is giving it a happy hug)

"Make the most of a good thing. Make the most of you"

(Shows a teenaged boy driving off in a sports car with an older man as a passenger. The boy has just obtained his driver's licence)

"Make the most of a good thing. Make the most of you"

(Shows a young woman skydiver)

"You're more than another person. You're the person someone else wants to be"

(Shows a 13 year old girl on a bicycle who is stopped at a STOP sign. Beside her is an 8 year old girl on a training bike, also stopped and looking aside at the older girl in order to converse)

"Just because your kids have started challenging you, doesn't mean they've stopped loving you or needing you"

(Shows a teenaged boy arm-wrestling with his father)

Available from:
Alberta Alcohol and Drug Abuse Commission (AADAC)

For a variety of free posters on SMOKING, contact:

Canadian Cancer Society
Saskatchewan Division
#101, 2629 - 29th Avenue
REGINA, Saskatchewan
Phone: 584-1054

or

Nearest regional office of the Canadian Cancer Society

"Do you believe in life after Grad?"

(Shows a simple quiz with a check-off list so that you may determine what your chances are of having a safe grad)

"Drinking and driving is deadly...You can always say NO"

(Shows a car overturned in the ditch, a man thrown from the car and lying on the ground face down and bloodied, with debris, beer bottles and other items from the accident scattered around him)

"Others are happy you've decided to quit"

(Shows a young boy smiling at his mother as she butts out a cigarette)

"Good health...It's a matter of balance. Good nutrition and exercise are important to your lifestyle"

(Shows two young ballerinas practising)

For other posters on NUTRITION, HEALTHFUL LIFESTLYES (in limited quantity), contact (at no charge):

Health Promotion Branch
Saskatchewan Health
T.C. Douglas Building
3475 Albert Street
REGINA, Saskatchewan
S4S 6X6
Phone: 565-3084

"The problem drinker"

(Shows an old man, a middle-aged woman, a middle-aged businessman and a teenaged girl)

"Where are the kids when you're drinking?"

(Shows a sad-looking 8 year old girl sitting on a chair curled up alone and tightly holding a teddy bear)

"Should drinking be a challenge?"

(Shows four very young men, 'Drinking Team' emblazoned on their T-shirts, standing in a group and holding beer glasses)

Available from:
Ministry of Health, Province of B.C.

"Getting drunk doesn't make you ... tall ... rich... strong ... handsome ... smart ... witty ... sophisticated... or sexy ... just drunk. In fact, it doesn't do a thing for you-- except get you drunk."

(shows a cartoon-type man and woman depicting each of the descriptions through a series of graphics)

"If you drink a lot of beer, you drink a lot."

(shows six mugs almost empty of beer)

"Do you know the facts about alcohol and your unborn baby? ... (plus extensive dialogue)

(shows a pregant mother)

Set of "Black" posters:

1. *"Look, I can't go home drunk. What kind of example would that be?"*
   (shows a negro family man)
2. *"We can march,run or crawl to freedom, but we cannot stagger to freedom. Help prevent alcohol abuse."*
   (shows Jesse Jackson)
3. *"Look, school's already tough enough. Why would I want to get drunk and make it worse?"*
   (shows a teenaged male negro student)
4. *"I have to keep myself in top condition. Alcohol can't help me there, mentally, physically..."*
   (shows a male negro athlete)
5. *"My baby will be strong ... healthy. Why take chances? Consider before taking alcohol."*
   (shows a pregnant negro mother)

Available at no charge from:

National Clearinghouse for Alcohol Information

"Play it smart. Don't drink and drive. Traffic accidents are the leading cause of death among teenagers."

(Shows a portion of highway at night. Superimposed on the road is a set of bright red tire tracks which curve erratically, symbolizing the drunk driver)

"Smooth move. Put your hand over your glass when you don't want another drink. Or say that you've had enough...or you've got an early day...or you'd rather dance...or you're driving. Dump it out...or let it sit there...or order soda or water or coffee instead. Or simply say, "No, thanks". How do you say "no" when you don't want another drink? Any way you want to."

(Shows a woman's hand placed over her glass as someone is about to refill it)

Available from:
National Institute on Alcohol Abuse and Alcoholism

"The best time to stop drug abuse is before it starts. Learn more. Write: Friend, Box 1701, Washington, D.C." (Note: Sask. residents can substitute own address for that on the poster)

Large poster (shows two girls talking) -- 17" X 22"
Small poster (shows two boys talking) -- 11" X 14"

"The typical drug abuser"

(Shows a collaged person of both sexes and different occupations)

"Pollution"

(Shows a heap of different drugs on a table, and from the window, a factory belching smoke into the air)

"The natural things"

(Shows a collection of sports activities)

Available from:
National Institute on Drug Abuse

"A troubled man...When he's drunk he always sings. Then he does many bad things...He beats his wife till she's black and blue. He neglects his son and his daughter, too..."

(Shows an Indian man sitting on some steps with a wine bottle beside him. He is resting his head in his hand and is staring at the ground)

"Alcohol can harm a culture"

(Shows two scenes: on one side, an Indian man walks in full Indian dress past a teepee. On the other side, two Indian men drink liquor while sitting on the steps of a tavern)

"What do you think? Could this man operate a car, motorboat or chain saw safely? Get out of a burning house quickly? Make wise decisions? Keep his job? Be a good example to his children?"

(Shows a man sleeping, his head resting in his arms. His left hand still clutches a beer bottle)

"Depressed? Talk with a friend or call us"

(Shows the sideview of a downcast young woman with very long hair)

"Let only good spirits guide you"

(Shows six Indian men paddling a long, narrow boat across a calm lake.Beautiful, rather mountainous scenery is in the background)

Available at no charge from:
National Native Alcohol and Drug Abuse Program, Ottawa or Native Alcohol and Drug Abuse Program, Regina

"Is drinking getting in the way of your living? Think about it...talk about it. Drinking can contribute to a wide range of problems-physical, emotional, interpersonal, financial, occupational and marital-in which some harm is done by people to themselves and others. If you drink, know when to say when. We believe that if enough people talk about drinking problems, we are that much closer to solving them"

(Shows an adult's hand clasping a child's hand)

"My dad had a bad day at work...I've had a tough day at school! What's the difference?...There's a BIG difference and it's up to each of us to help young people reach decisions about drinking. Young people are as vulnerable to the social pressures that influence drinking as adults, but young people lack the experience to analyse pressures and to recognize alcohol's effects. They want to be considered adult and many imitate adult drinking habits. Unfortunately, the most visible examples of adult drinking are often incidents of excess. It is the old story of "Don't do what I do, do as I say"...or is it "practise what you preach?" As one parent puts it: "It's a lesson in living that's needed, not a sermon on drinking". If you drink, know when to say when. We believe that if enough people talk about drinking problems we are that much closer to solving them"

(Shows a teenaged girl sitting on a school chair, a glass of liquor in her hand. Her school books are on the floor beside her)

"NO thanks" is an answer! A lot of people think drinking problems have nothing to do with them. They think the drinking problem is 'that guy across the street who drives home from work loaded out of his mind' or it's those 'reckless teenagers...' Maybe you don't drink, but drinking has everything to do with you. That 'guy across the street' could be driving home at night when you are. That 'reckless teenager' could be your child, or a friend's. What others do around us affects us. Think about it...talk about it. We believe that if enough people talk about drinking problems we are that much closer to solving them."

Available at no charge from:
Saskatchewan Alcoholism Commission or
Health and Welfare Canada

"Smoking spoils your looks"

(Shows Brooke Shields with cigarettes plugging both of her ears)

Available at no cost from:
Saskatchewan Anti-T.B. League

"Recreation is for everyone. It does exactly what you want it to do"

(Shows a family walking together on a grassy hillside)

"Recreation is for everyone. Do your programs include everyone?"

(Shows the handicapped, the elderly, a young woman, etc. involved in various sports activities)

Available at no charge from:
Saskatchewan Culture and Youth

"What's there to do besides DRUGS? LOTS! The choice is yours. You DO have a choice."

(shows 16 different types of activities such as biking, carpentry, jogging, snorkelling, etc. Cartoon-type characters)

"What's there to do besides DRINK? LOTS! The choice is yours. You DO have a choice."

(has exactly the same graphics, colours, etc. as the previous poster)

"Having a party? Include non-alcoholic drinks; It's the thoughtful thing to do."

(shows a lively party with dancing, animated conversation, lots of food and a dry and wet bar. Cartoon-type characters)

Available at cost from:

Wisconsin Clearinghouse for Alcohol and Other Drug Information

Notes:

READING LIST–Youth

You may borrow the listed books from:

Saskatchewan Alcoholism Commission
T.C. Douglas Building
3475 Albert Street
Regina, Saskatchewan
S4S 6X6

Library Hours: 8:30 A.M. - 5:00 P.M.
Monday through Friday

Phone: 565-4656

1. Alcohol

AUTHOR:	TITLE:	LIBRARY NO.:
Ackerman, Robert	Children of Alcoholics: A Guidebook for Educators, Therapists and Parents, 1980	HV 5132 A18
Al-Anon Family Group Headquarters	Alateen: Hope for Children of Alcoholics, 1973	HV 5133 A42
Alibrandi, Tom	Young Alcoholics, 1978	HV 5133 A41
Blane, Howard and Morris Chafetz	Youth, Alcohol and Social Policy, 1979	HV 5135 Y83
Cain, Arthur	Young People and Drinking: The Use and Abuse of Beverage Alcohol, 1963	HV 5135 C14
Cork, Margaret	The Forgotten Children: A Study of Children With Alcoholic Parents, 1969	HV 5132 C65
Curtis, Robert	Questions and Answers About Alcoholism, 1976	HV 5135 C87
Cross, Wilbur	Kids and Booze: What You Must Know to Help Them, 1979	HV 4135 C95

Deutsch, Charles	Broken Bottles, Broken Dreams: Understanding and Helping Children of Alcoholics, 1982	Will be catalogued
Donlan, Joan	I Never Saw the Sun Rise, 1977	HV 5805 D68
Finn, Peter	Kids and Alcohol: Facts and Ideas About Drinking and Not Drinking, 197?	HV 5133 F49
Greenblatt, Milton and Marc Schuskit, editors	Alcoholism Problems in Women and Children, 1976	RC 565 A35 S38
Holloway, Robert	Drinking Among Indian Youth: A Study of the Drinking Behavior, Attitudes and Beliefs of Indian and Metis Young People in Manitoba, 1966	HV 5198 H5
Hornik, Edith	You and Your Alcoholic Parent, 1974	HV 5135 H67
Kenny, Kevin and Helen Krull	Sometimes My Mom Drinks Too Much, 1980	HV 5066 K36
Kinney, Jean and Gwen Leaton	Loosening the Grip: A Handbook of Alcohol Information, 1978	HV 5035 K65
Langone, John	Bombed, Buzzed, Smashed, or... Sober, 1976	HV 5135 L27
Lee, Essie	Alcohol - Proof of What?, 1978	HV 5066 L48
Lee, Essie and Elaine Israel	Alcohol and You, 1975	HV 5066 L43
Listen, Washington, D.C.	Now You're Living! Basic Information for Scientific Education for Prevention of Alcoholism and Drug Addiction, 1964	HV 5135 L5
Maddox, George	Drinking Among Teenagers: A Sociological Interpretation of Alcohol Use by High School Students, 1964	HV 5135 M27
Marshall, Shelly	Young, Sober and Free, 1978	RC 565 M36
Mayer, John and Wm. Filstead	Adolescence and Alcohol, 1980	HV 5135 A23
Milgram, Gail Gleason	Alcohol Education Materials, 1973-78: An Annotated Bibliography, 1980	HV 5125 M64 1980
National Council on Alcoholism	Defining Adolescent Alcohol Use: Implications Towards a Definition of Adolescent Alcoholism, 1977	HV 5135 N27
O'Gorman, Patricia, editor	Aspects of Youthful Drinking, (A review of literature on use and abuse of alcohol by teens from 1940-1975)	HV 5135 A83

Robe, Lucy Barry	Just So It's Healthy: New Evidence That Drinking and Drugs Can Harm Your Unborn Baby, 1977	HV 5133 R64
Seixas, Judith S.	Living With a Parent Who Drinks Too Much, 1979	HV 5066 S46
"	Tobacco, What It Is, What It Does, 1981	HV 5733 S46
Smart, Reginald	The New Drinkers: Teenage Use and Abuse of Alcohol, 1980	HV 5135 S51 1980
Snyder, Anne	Kids and Drinking, 1977	HV 5133 S67
Southerby, Norm	Twelve Young Women: How They Became Alcohol and Drug Dependent in Their Painful Struggle Toward Adulthood, 1975	HV 5135 S68
Wagner, Robin S.	Sarah T., Portrait of a Teenage Alcoholic, 1975	HV 5135 W13

2. Drugs

Beschner, George and Alfred Friedman, editors	Youth Drug Abuse: Problems, Issues and Treatment, 1979	HV 5824 Y83
Blum, Richard and Associates	Horatio Alger's Children: The Role of the Family in the Origin and Prevention of Drug Risk, 1972	HV 5825 B65
Brenner, Joseph	Drugs and Youth: Medical, Psychiatric and Legal Facts, 1970	HV 5825 B74
Coles, Robert	The Grass Pipe, 1969 (fiction)	PZ 7 C67
Donlan, Joan	I Never Saw the Sun Rise, 1977	HV 5805 D68
Goodstadt, Dr. Michael, editor	Research on Methods and Programs of Drug Education, 1974	HV 5808 R44
Gormely, Sheila	Drugs and the Canadian Scene, 1976	HV 5840 G66
Govt. Printing Office, Washington, D.C.	Alternative Pursuits for America's Third Century: A Resource Book on New Perceptions, Processes and Programs with Implications for the Prevention of Drug Abuse, 1974	HV 5825 A68

Hemsing, Esther, editor	Children and Drugs, 1972	HV 5825 C45
Kim, Yong	A Study of Drug Use for Non-Medical Purposes Among Young Adults, 1970	AC 1970 S93
Kim, Yong	Survey of Attitudes and Knowledge Concerning Marijuana and Its Use, 1971	AC 1971 S96
Lettieri, Dan	Predicting Adolescent Drug Abuse: A Review of Issues, Methods and Correlates, 1975	HV 5825 L2
Lieberman, Florence	Before Addiction: How to Help Youth, 1973	HV 5801 L52
National Institute on Drug Abuse	Drug Abuse From the Family Perspective: A Family Affair, 1980	HV 5824 D79
"	Adolescent Marijuana Abusers and Their Families, 1981	Will be catalogued
"	Drugs and the Class of '78: Behaviors, Attitudes, and Recent National Trends, 1979	HV 5825 N27
Resnik, Henry	It Starts With People: Experiences in Drug Abuse Prevention, 1978	HV 5824 R43
Smart, Reginald and Dianne Fejer	Drug Education: Current Issues, Future Directions, ARF, 1974	HV 5824 S64
U.S. Dept. of Health, Education and Welfare	Alternatives for Young Americans: A Catalog of Drug Abuse Prevention Programs, 1979	HV 5805 U58
Wendeborn, Ralph	Is Your Child on Drugs?, 1970	HV 5840 W45

3. Prevention

Boston Women's Health Book Collective	Ourselves and Our Children: A Book By and For Parents, 1978	HQ 755 B67
Dreikurs, Rudolf	The Challenge of Child Training: A Parent's Guide, 1972 (Abridged from The Challenge of Parenthood)	HQ 769 D64
Ginott, Dr. Haim G.	Between Parent and Child, New Solutions to Old Problems, 1965	HQ 769 G55

Ginott, Dr. Haim, G.	Between Parent and Teenager, 1969	HQ 796 G51
Gordon, Dr. Thomas	Parent Effectiveness Training (PET), 1970	HQ 769 G66
Manning, Wm. and Jean Vinton	Harmfully Involved: A Guide for School Administrators, Teachers, Counselors, Parents and All Adults Who Want to Know What Can Be Done Before Addiction Occurs, 1978	HV 5135 M28
Minnesota Alcohol and Drug Authority	A Minnesota Primer on the Prevention of Chemical Use Problems, 1976	HV 5279 M66
National Institute on Drug Abuse	Adolescent Peer Pressure: Theory, Correlates, and Program Implications for Drug Abuse Prevention, 1981	BF 637 A23
Satir, Virginia	Peoplemaking: Because You Want to Be a Better Parent, 1972	HQ 734 S26

The following books are in the Commission's EDUCATION REFERENCE COLLECTION.

You may not borrow these books but you are welcome to use them within the library.

You may wish to purchase your own copies or else request them from other libraries on an interlibrary loan.

Check with other libraries for additional resources.

1. Alcohol

Cottle, Thomas	Children's Secrets: Revealing, Candid Observations by Children Who Have Survived Family Crisis, 1980, Anchor Press/Doubleday

Dennison, Darwin et al	Alcohol and Behavior: An Activated Education Approach, 1980, C.V. Mosby Co., Toronto
Milgram, Gail Gleason	Coping With Alcohol, 1980, Richards Rosen Press
U.S. Journal of Drug and Alcohol Dependence	Teenage Drinking from Focus on Alcohol and Drug Issues, Vol. 1, #3, 1978

*Health Communications

2. Drugs

Goodstadt, Michael	Research on Methods and Programs of Drug Education, 1974, Addiction Research Foundation
National Institute on Drug Abuse	Drug Abuse from the Family Perspective, 1980

3. Prevention

Alfred Adler Institute of Ontario	Articles of Supplementary Reading for Parent Study Groups, no date

*Minto Family Life Education Center

Bartz, Wayne and Richard Rasor	Surviving With Kids: A Lifeline for Overwhelmed Parents, 1978, Impact Publishers

*Health Communications, Inc.

Dinkmeyer, Don and Gary McKay	Raising a Responsible Child: Practical Steps to Successful Family Relationships, 1973, Simon and Schuster, New York

*Minto

Driekurs, Rudolf	Adult-Child Relationships: A Workshop on Group Discussion With Adolescents, 1967, Alfred Adler Institute, Chicago

*Minto Family Life Education Center

"	Children the Challenge, 1964, Hawthorn Books, New York

*Minto Family Life Education Center

"	The Challenge of Parenthood, Rev. Ed., 1958, Hawthorn Books, New York
	*Minto Family Life Education Center
Dreikurs, Rudolph and Pearl Cassell	Discipline Without Tears: What to do With Children Who Misbehave, 2nd Ed., 1972, Hawthorn Books, New York
	*Minto Family Life Education Center
Edens, David	The Changing Me, 1973, Broadman Press, Tennessee
Fraiberg, Selma	The Magic Years: Understanding and Handling the Problems of Early Childhood, 1959, Charles Scribner's Sons, New York
	*Child Welfare League of America
Galinsky, Ellen	Between Generations: The Six Stages of Parenthood, 1981, Times Books, New York
	*Transactional Publications
Gaulke, Earl	You Can Have a Family Where Everyone Wins, 1975, Concordia Publishing, Missouri
	*Minto Family Life Education Center
Gross, Barbara and Bernard Shuman	The Essentials of Parenting in the First Years of Life, 1979, Child Welfare League of America
James, Muriel	Transactional Analysis for Moms and Dads, 1974, Addison-Wesley
	*Minto Family Life Education Center
Knight, Bryan	Enjoying Single Parenthood, 1980, Van Nostrand Reinhold
Massachussetts Division of Alcoholism	Prevention Program Models: Division of Alcoholism: School, Clergy, Parents, Youth, College, 197?
Michigan Office of Substance Abuse Services	Young People, Drinking and Driving: A Prevention Idea Booklet for Local Communities, 1980
Miller, Maureen	Help Your Child for Life, 1978, Argus Communications
	*PMB Industries, Ltd.
"	To Share With Your Children, 1978, Argus Communications
	*PMB Industries, Ltd.
National Health and Welfare, Health Services and Promotion Branch	The Canadian Mother and Child, 4th Ed., 1979
	Up the Years from One to Six, 1971
	*Canadian Government Publishing Center
Rice, F. Philip	A Working Mother's Guide to Child Development, 1979, Prentice-Hall
	*Minto Family Life Education Center

Rondell, Florence and Ruth Michaels	The Adopted Family, Book 1: You and Your Child - A Guide for Adoptive Parents, Rev. Ed., 1965, Crown Publishers, New York
"	The Family That Grew, Rev. Ed., 1965, Crown Publishers, New York
	*Minto Family Life Education Center
Salz, Victor	Communication: Parent and Child, 1970, Passionist Press
	*Minto Family Life Education Center
Shedd, Charlie, editor	You Are Somebody Special, 1978, Bantam Books
Soltz, Vicki	Study Group Leader's Manual to be Used With Children: The Challenge, 1967, Alfred Adler Institute of Chicago
	*Minto Family Life Education Center
State Education Department, Albany, New York	Annotated Resource Guide: Alcohol, Tobacco, Drugs (Secondary Level), 1979
Sullivan, S. Adams	The Father's Almanac, 1980, Doubleday Canada
U.S. Department of Health and Human Services	The Learning Laboratory: The Door, A Centre of Alternatives, 1980
	Saying "No" : Drug Abuse Prevention Ideas for the Classroom, 1980
	*National Institute on Drug Abuse
U.S. Department of Health, Education and Welfare	Beyond the Three R's: Training Teachers for Affective Education, 1975
	*National Institute on Drug Abuse
Vicary, Judith R.	Relating and Comparing Affective Education and Addictions Prevention, 1979, Addictions Research Foundation
Welsh, Paul et al	A Study of Two Major Canadian Youth Organizations in Alcohol/Drug Abuse Prevention, 1977, Alcohol Drug Concerns, Inc.
Wheat, Patte	The Standoffs: A Story About Touching, 1980, Parents Anonymous, Inc.
Wilt, Joy	Handling Your Ups and Downs, 1979, Word, Inc.
"	Keeping Your Body Alive and Well, 1978, Word, Inc.
"	A Kids' Guide to Making Friends, 1979, Word, Inc.
"	Making Up Your Own Mind, 1979, Word, Inc.
"	Mine and Yours: A Children's Book About Rights and Responsibilities, 1978, Word, Inc.
"	Needing Each Other: A Children's Book About Relational Needs, 1978, Word, Inc.
"	The Nitty-Gritty of Family Life: A Children's Book About Living in a Family, 1978, Word, Inc.

Wilt, Joy	Saying What You Mean, 1973, Word, Inc.
"	You're All Right, 1979, Word, Inc.
"	You're One of a Kind, 1979, Word, Inc.
	*Minto Family Life Education Center
Winn, Mitchell	The Drug Alternative, 1974, American Alliance for Health, Physical Education and Recreation
Zuckerman, Lawrence et al	A Parent's Guide to Children: The Challenge, 1978, Hawthorn Books, New York

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2875 Northwind Drive, Suite 225
EAST LANSING, Michigan
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Michigan Office of Substance Abuse Services
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National Institute on Drug Abuse
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National Native Alcohol & Drug Abuse Program
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Health & Welfare Canada
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Native Alcohol & Drug Abuse Program
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Rutgers Centre for Alcohol Studies
P.O. Box 969
PISCATAWAY, New Jersey
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Safe Graduation Committee
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Saskatchewan Alcoholism Commission
3475 Albert Street
REGINA, Saskatchewan
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Sport & Recreation Branch
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Saskatchewan Social Services
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